

ANAPHYLAXIS MANAGEMENT POLICY

Rationale

Birralee Primary School will fully comply with Ministerial Order 706 (April 2014) and the associated Guidelines published and amended by the Victorian Department of Education from time to time.

Aims

To ensure that any student who has been diagnosed by a Medical Practitioner as being at risk of anaphylaxis is to receive correct and timely management and that for optimum response, Individual Anaphylaxis Management Plans must be developed in consultation with students' Parents.

Implementation

- 1. Staff will be provided with training in relation to an allergic reaction and the necessary treatment, including use of an adrenalin auto-injector (EpiPen®).
- 2. Identified students will not be isolated or excluded from any activity within reason (other than to maintain their safety).
- 3. All staff (including specialists and casual relief staff) are to be made aware of identified students at risk of anaphylaxis or allergies by:
 - a. Direction to information in visiting teacher / therapist folder
 - b. Direction to Anaphylaxis/Medical display boards in classrooms, at the school hall, the North Building Foyer and the canteen

Individual Anaphylaxis Management Plans

- 1. An *Individual Anaphylaxis Management Plan* (**Appendix A**) and an *ASCIA Action Plan for Anaphylaxis Epipen Personal Use* (**Appendix B**) for a student known to be at risk of anaphylaxis will be in place as soon as practicable after enrolment and where possible, before their first day of school.
- 2. The Individual Anaphylaxis Management Plan will set out the following:
 - a. information about the student's medical condition that relates to allergy and the potential for anaphylactic reaction including the type of allergy/allergies that the student has, based on a written diagnosis from a Medical Practitioner
 - b. strategies to minimise the risk of exposure to known and notified allergens while the student is under the care or supervision of school staff for in-school and out-of-school settings, including in the school yard, at camps and excursions or at special events conducted, organised or attended by the school
 - c. the name of the person(s) responsible for implementing the strategies
 - d. information on where the student's medication will be stored
 - e. the student's emergency contact details
 - f. an ASCIA (Australasian Society of Clinical Immunology and Allergy) Action Plan
- 3. The student's *Individual Anaphylaxis Management Plan (Appendix A)* will be reviewed in consultation with the student's parents in all of the following circumstances:
 - a. annually
 - b. if the student's medical condition relating to an allergy and the potential for an anaphylactic reaction, changes
 - c. as soon as practicable after the student has had an anaphylactic reaction when the student is to participate in an off-site activity e.g. camps and excursions.

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The responsibility of the parents is to:

- 1. Provide the ASCIA Action Plan for Anaphylaxis Epipen Personal Use (Appendix B) as approved by a Medical Practitioner.
- 2. Inform the school in writing if their child's medical condition changes (in relation to an allergy and the potential for anaphylactic reaction) and if relevant, provide an updated ASCIA Action Plan for Anaphylaxis Epipen Personal Use (Appendix B).
- 3. Provide an up to date photo for the ASCIA Action Plan for Anaphylaxis Epipen Personal Use (Appendix B) when that Plan is originally provided to the school and when it is reviewed.
- 4. Provide the school with an Adrenaline Auto-injector that is within current 'use date' for their child.
- 5. Provide the school with an extra Adrenaline Auto-injector to take when their child is going away from school to attend an excursion or camp.
- 6. To check ingredients of items purchased from the canteen (over the counter), for special lunch orders and outsourced lunch orders.

School Management and Emergency Response & Risk Minimisation and Prevention Strategies

- 1. A designated first-aid staff member is to compile and maintain a complete and up-to-date list of students identified as having a medical condition that relates to allergy and the potential for anaphylactic reaction using the *Annual Risk Checklist Template* (*Appendix G*) and *Individual Anaphylaxis Management Plans* (*Appendix A*).
- 2. The designated first-aid staff member is to ensure that Personal ASCIA Action Plan for Anaphylaxis Epipen Personal Use (Appendix B) are maintained and displayed:
 - a. In the first aid room with the ASCIA First Aid for Anaphylaxis (Appendix F) notice and the ASCIA Action Plan Anaphylaxis Epipen General Use (Appendix E)
 - b. in the classrooms of students with known anaphylactic reactions
 - c. common areas (for all students)
 - d. on school excursions & camps
 - e. at the canteen
 - f. In CRT/ visiting staff folders
- 3. The designated first-aid staff member is responsible for checking the expiry dates of the Adrenalin Auto-injectors in the first aid room (including those purchased by the school).
- 4. Parents are responsible for ensuring that Adrenalin Auto-injectors sent to the classrooms, excursions and camps are all within their 'use-by' date.
- 5. School Staff, students and Parents must adhere to the Communication Plan (below), in order to facilitate ongoing appropriate treatment.
- 6. Auto-injectors must be stored with a copy of the current Individual ASCIA Action Plan for Anaphylaxis Epipen Personal Use (Appendix B) with an up-to-date photo of the student visible on the outside of the container.
- 7. A spare (in date) Adrenaline Auto-injector of the appropriate dosage is to be kept in the first aid room.
- 8. In-date Adrenaline Auto-injectors are to be kept with students in their classroom or with the designated first-aid nominee on camps, visits & excursions.

School Number: 4991 Last ratified by School Council in August 2016



- During camps the auto-injector must be in an agreed accessible place and known to all staff attending the camp.
- 10. At the end of daily camp activities, it is the responsibility of the staff member who has been designated with the role of administering First-Aid and medications, to ensure that Auto-injectors are returned to the known, agreed, accessible place.
- 11. During excursions and camps, students with known anaphylactic and allergic responses will be assigned to a group with a staff member who has completed the anaphylaxis training.
- 12. During excursion & camp activities (when at a distance from the accommodation block), the student's auto-injector must be with the designated staff member who is the leader of their group.
- 13. On camps, visits and excursions, each student must have two auto-injectors provided by the parents.

Adrenaline Auto-injectors for General Use

The school will purchase Adrenaline Auto-injectors for general use and as a back-up to those supplied by parents. The number of auto-injectors will be determined by:

- a. The number of students enrolled at the school who have been diagnosed as being at risk of anaphylaxis
- b. The accessibility of Adrenaline Auto-injectors that have been provided by parents of students who have been diagnosed as being at risk of anaphylaxis
- c. The availability and sufficient supply of Adrenaline Auto-injectors for general use in specified locations at the school, including for excursions & camps
- d. The number of students below or above 20kgs of weight to determine the appropriate dosage
- e. As the Adrenaline auto-injectors have a limited life (usually expiring within 12-18 months), they will need to be replaced at the school's expense either at the time of use or expiry, whichever is first

Communication Plan

- 1. School staff must be informed as soon as the school becomes aware that a student is at risk of an anaphylactic reaction.
- 2. Information about identified students (including their management plans and photos) will be displayed in the first aid room, relevant classrooms, canteen, specialist-rooms, in the class rolls, in the Before School Care room and in shared workspaces.
- 3. Casual relief staff must be alerted to students in their care who are at risk of an anaphylactic reaction, how to seek assistance & where their auto-injectors are kept.
- 4. Staff & volunteers must be made aware of students who are at risk of an anaphylactic reaction and of the emergency procedures, whilst accompanying excursions & camps.
- 5. Students with known medical conditions to be identified on the online roll system.
- 6. Sessional education/specialist staff & therapists must be informed of students with known medical conditions and referred to information displayed in the CRT folder and/or area to which they are assigned.
- 7. Students are to be instructed not to share food at school.

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Staff Training

The following school staff will be appropriately trained:

- a. school staff who conduct classes that students attend with a known medical condition that relates to allergy and the potential for anaphylactic reaction
- b. any further school staff as determined by the principal

The identified school staff will undertake the following training:

- c. an Anaphylaxis Management Training Course in the three years prior
- d. a twice yearly briefing (with the first briefing to be held at the beginning of the school year). The briefing must be conducted by a member of the school staff who has successfully completed an Anaphylaxis Management Training Course in the last 12 months

The briefing must include:

- o the school's Anaphylaxis Management Policy
- o the causes, symptoms and treatment of anaphylaxis
- the identities of the students with a medical condition that relates to an allergy and the potential for anaphylactic reaction, and where their medication and/or autoinjector is located
- how to use an Adrenaline Auto-injector, including hands-on practise with a trainer Adrenaline Auto-injector device
- o the school's general First Aid and Emergency Response procedures
- the location of, and access to, Adrenaline Auto-injectors that have been provided by parents or purchased by the school for general use
- o training for relevant school staff as soon as practicable after a new student enrols
- planning for ensuring that sufficient numbers of school staff are present on excursions, yard-duty, camps and at special event days, who have successfully completed an Anaphylaxis Management Training Course in the three years prior to the event

Appendices

Appendix A: Individual Anaphylaxis Management Plan

Appendix B: ASCIA Action Plan for Anaphylaxis Epipen Personal Use

Appendix C: ASCIA Action Plan for Allergic Reactions Appendix D: ASCIA Event Record for Allergic Reactions

Appendix E: ASCIA Action Plan for Anaphylaxis Epipen General Use

Appendix F: ASCIA First Aid Treatment for Anaphylaxis

Appendix G: Annual Risk Checklist Template

Evaluation

This policy will be reviewed as part of the School's three year review cycle.

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Individual Anaphylaxis Management Plan

This plan is to be completed by the Principal or nominee on the basis of information from the student's medical practitioner (ASCIA Action Plan for Anaphylaxis) provided by the Parent.

It is the Parents' responsibility to provide the School with a copy of the student's ASCIA Action Plan for Anaphylaxis containing the emergency procedures plan (signed by the student's Medical Practitioner) and an up-to-date photo of the student - to be appended to this plan; and to inform the school if their child's medical condition changes.

| School | | | Phone | |
|------------------------------|--------|-----------|------------------|----------|
| 3011001 | | | Phone | |
| Student | | | | I |
| DOB | | | Year level | |
| Severely allergic to: | | | I | <u> </u> |
| | | | | |
| Other health conditions | | | | |
| | | | | |
| Medication at school | | | | |
| | | | | |
| | EMERO | SENCY CON | TACT DETAILS (PA | RENT) |
| Name | | | Name | |
| Relationship | | | Relationship | |
| Home phone | | | Home phone | |
| Work phone | | | Work phone | |
| Mobile | | | Mobile | |
| Address | | | Address | |
| | | | | |
| | EMERGE | NCY CONTA | CT DETAILS (ALTE | RNATE) |
| Name | | | Name | |
| Relationship | | | Relationship | |
| Home phone | | | Home phone | |
| Work phone | | | Work phone | |
| Mobile | | | Mobile | |
| Address | | | Address | |
| | | | | |
| Medical practitioner contact | Name | | 1 | ı |
| | Phone | | | |

| Emergency care to be provided at school | | | |
|---|--|---------------------|--------------------------------|
| | | | |
| | | | |
| Storage for Adrenaline | | | |
| (EpiPen®) | | | |
| | | | |
| | | | |
| | ENIVIDONIMEN | | |
| To be completed by Principa | ENVIRONMEN al or nominee. Please consider each environment | | the student will be in for the |
| year, e.g. classroom, cantee | n, food tech room, sports oval, excursions and ca | amps etc. | and stadent will be in for the |
| Name of environment/a | rea: | | |
| Risk identified | Actions required to minimise the risk | Who is responsible? | Completion date? |
| | | | |
| | | | |
| | | | |
| | | | |
| Name of environment/a | rea: | <u> </u> | |
| Risk identified | Actions required to minimise the risk | Who is responsible? | Completion date? |
| | | | |
| | | | |
| | | | |
| | | | |
| Name of environment/a | rea: | <u> </u> | |
| Risk identified | Actions required to minimise the risk | Who is responsible? | Completion date? |
| | | | |
| | | | |
| | | | |
| | | | |
| Name of environment/a | rea: | • | |
| Risk identified | Actions required to minimise the risk | Who is responsible? | Completion date? |
| | | | |
| | | | |
| | | | |
| | | | |

| This Individual Anaphylaxis Management Plan will be reviewed on any of the following occurrences (whichever happen earlier): | | | | |
|---|--|--|--|--|
| • annually; | | | | |
| if the student's medical condition, insofar as it relates to allergy and the potential for anaphylactic reaction, changes; | | | | |
| • as soon as practicable after the student has an anaphylactic reaction at School; and | | | | |
| when the student is to participate in an off-site activity, such as camps and excursions, or at special events conducted, organised or attended by the School (eg. class parties, elective subjects, cultural days, fetes, incursions). | | | | |
| I have been consulted in the development of this Individual Anaphylaxis Management Plan. | | | | |
| I consent to the risk minimisation strategies proposed. | | | | |
| Risk minimisation strategies are available at Chapter 8 - Prevention Strategies of the Anaphylaxis Guidelines | | | | |
| Signature of parent: | | | | |
| Date: | | | | |
| I have consulted the Parents of the students and the relevant School Staff who will be involved in the implementation of this Individual Anaphylaxis Management Plan. | | | | |
| Signature of Principal (or nominee): | | | | |

Date:



Name: _

ACTION PLAN FOR Anaphylaxis



For use with EpiPen® adrenaline autoinjectors

| Date of birth: | | |
|---|--|--|
| | | |
| Photo | | |
| | | |
| Confirmed allergens: | | |
| Family/emergency contact name(s): | | |
| Work Ph: | | |
| Home Ph: | | |
| Mobile Ph: | | |
| Plan prepared by: Dr: | | |
| I hereby authorise medications specified on this plan to be administered according to the plan. | | |
| Signed: | | |
| Date: | | |
| Date of next review: | | |
| How to give EpiPen® | | |



and PULL OFF BLUE SAFETY RELEASE.



PLACE ORANGE END against outer mid-thigh (with or without clothing).



PUSH DOWN HARD until a click is heard or felt and hold in place for 10 seconds.

REMOVE EpiPen®. Massage injection site for 10 seconds.

Instructions are also on the device label and at: www.allergy.org.au/anaphylaxis

MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- Hives or welts
- Tingling mouth
- Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy, flick out sting if visible. Do not remove ticks.
- Stay with person and call for help.
- Locate EpiPen® or EpiPen® Jr adrenaline autoinjector.
- Give other medications (if prescribed).......
- Phone family/emergency contact.

Mild to moderate allergic reactions may not always occur before anaphylaxis

Watch for **ANY ONE** of the following signs of anaphylaxis

ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult/noisy breathing
- Swelling of tongue
- Swelling/tightness in throat
- Difficulty talking and/or hoarse voice
- Wheeze or persistent cough
- Persistent dizziness or collapse
- Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

- **1** Lay person flat. Do not allow them to stand or walk. If breathing is difficult allow them to sit.
- 2 Give EpiPen® or EpiPen® Jr adrenaline autoinjector.
- **3** Phone ambulance*: 000 (AU) or **111** (NZ).
- 4 Phone family/emergency contact.
- **5** Further adrenaline doses may be given if no response after 5 minutes, if another adrenaline autoinjector is available.

If in doubt, give adrenaline autoinjector

Commence CPR at any time if person is unresponsive and not breathing normally.

EpiPen® is generally prescribed for adults and children over 5 years.

EpiPen® Jr is generally prescribed for children aged 1-5 years.

*Medical observation in hospital for at least 4 hours is recommended after anaphylaxis.

IF UNCERTAIN WHETHER IT IS ANAPHYLAXIS OR ASTHMA

- Give adrenaline autoinjector FIRST, then asthma reliever.
- · If someone with known food or insect allergy suddenly develops severe asthma like symptoms, give adrenaline autoinjector FIRST, then asthma reliever.

| Asthma: Y | N \square | Medication: | |
|-----------|-------------|-------------|--|
| | | | |



ACTION PLAN FOR Allergic Reactions



| Name: | | | | |
|---|--|--|--|--|
| Date of birth: | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| Photo | | | | |
| Prioto | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| Confirmed allergens: | | | | |
| - | | | | |
| | | | | |
| Family/emergency contact name(s): | | | | |
| | | | | |
| | | | | |
| Work Ph: | | | | |
| Home Ph: | | | | |
| Widdle Fit. | | | | |
| Plan prepared by: | | | | |
| Dr: | | | | |
| I hereby authorise medications specified on this plan to be administered according to the plan. | | | | |
| Signed: | | | | |
| | | | | |
| Date: | | | | |
| Date of next review: | | | | |

Note: The ASCIA Action Plan for Allergic Reactions is for people with mild to moderate allergies, who need to avoid certain allergens.

For people with severe allergies (and at risk of anaphylaxis) there are ASCIA Action Plans for Anaphylaxis, which include adrenaline autoinjector instructions.

Instructions are also on the device label and at:

www.allergy.org.au/anaphylaxis

MILD TO MODERATE ALLERGIC REACTION

- · Swelling of lips, face, eyes
- · Hives or welts
- Tingling mouth
- Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy, flick out sting if visible. Do not remove ticks.
- Stay with person and call for help.
- Give other medications (if prescribed).....
- Phone family/emergency contact.

Mild to moderate allergic reactions may not always occur before anaphylaxis

Watch for ANY ONE of the following signs of anaphylaxis

ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult/noisy breathing
- Swelling of tongue
- Swelling/tightness in throat
- Difficulty talking and/or hoarse voice
- Wheeze or persistent cough
- Persistent dizziness or collapse
- Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

- 1 Lay person flat. Do not allow them to stand or walk. If breathing is difficult allow them to sit.
- 2 Give adrenaline autoinjector if available.
- 3 Phone ambulance*: 000 (AU) or 111 (NZ).
- 4 Phone family/emergency contact.

Commence CPR at any time if person is unresponsive and not breathing normally.

*Medical observation in hospital for at least 4 hours is recommended after anaphylaxis.

IF UNCERTAIN WHETHER IT IS ANAPHYLAXIS OR ASTHMA

- Give adrenaline autoinjector FIRST, then asthma reliever.

| If someone with known lood or insect allergy suddenly develops severe astrima like |
|--|
| symptoms, give adrenaline autoinjector FIRST, then asthma reliever. |
| Asthma: Y N Medication: |
| |



EVENT RECORD for Allergic Reactions



This document should be completed by the patient (to provide to their doctor or nurse practitioner) or completed by the doctor or nurse practitioner.

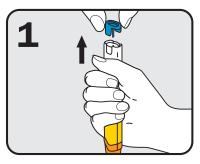
| Patient name: | | |
|--|--|------------|
| Date and time of reaction: | | |
| GP: | Specialist: | |
| Suspected trigger/s (if known) | | |
| | | |
| □ Food /s | | |
| ☐ Stings or bites (e.g. bee, tick) | | |
| □ Drug | | |
| Signs/symptoms | | |
| ☐ Hives☐ Tingling mouth☐ Swelling of lips☐ Vomiting | Severe (anaphylaxis): Tightness in throat Difficult/noisy breathing Difficulty talking/hoarse voice Swelling of tongue Swelling in throat | □ Collapse |
| ☐ Home ☐ School ☐ Child | care □ Work □ Dining out | |
| □ Other | | |
| Activity immediately before reac | tion: | |
| □ Eating □ Gardening □ Exerc | cise Other: | |
| Other medical conditions | | |
| □ Asthma □ Other: | | |
| Previous allergic reactions | | |
| ☐ Mild-moderate ☐ Severe (and | aphylaxis) | |
| Allergen/s | | |
| Adrenaline autoinjector prescrib | ed | |
| □ Yes □ No | | |



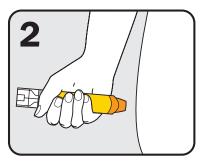
ACTION PLAN FOR Anaphylaxis

For use with EpiPen® adrenaline autoinjectors

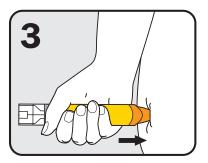
How to give EpiPen®



Form fist around EpiPen® and PULL OFF BLUE SAFETY RELEASE.



PLACE ORANGE END against outer mid-thigh (with or without clothing).



PUSH DOWN HARD until a click is heard or felt and hold in place for 10 seconds.

Remove EpiPen®. Massage injection site for 10 seconds.

MILD TO MODERATE ALLERGIC REACTION

- Swelling of lips, face, eyes
- · Hives or welts
- · Tingling mouth
- Abdominal pain, vomiting (these are signs of anaphylaxis for insect allergy)

ACTION FOR MILD TO MODERATE ALLERGIC REACTION

- For insect allergy, flick out sting if visible. Do not remove ticks.
- Stay with person and call for help.
- Locate EpiPen® or EpiPen® Jr adrenaline autoinjector.
- Phone family/emergency contact.

Mild to moderate allergic reactions may not always occur before anaphylaxis

Watch for ANY ONE of the following signs of anaphylaxis

ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

- Difficult/noisy breathing
- Swelling of tongue
- Swelling/tightness in throat
- Difficulty talking and/or hoarse voice
- · Wheeze or persistent cough
- Persistent dizziness or collapse
- Pale and floppy (young children)

ACTION FOR ANAPHYLAXIS

- 1 Lay person flat. Do not allow them to stand or walk. If breathing is difficult allow them to sit.
- 2 Give EpiPen® or EpiPen® Jr adrenaline autoinjector.
- 3 Phone ambulance*: 000 (AU) or 111 (NZ).
- 4 Phone family/emergency contact.
- 5 Further adrenaline doses may be given if no response after 5 minutes, if another adrenaline autoinjector is available.

If in doubt, give adrenaline autoinjector

Commence CPR at any time if person is unresponsive and not breathing normally.

EpiPen® is generally prescribed for adults and children over 5 years.

EpiPen® Jr is generally prescribed for children aged 1-5 years.

*Medical observation in hospital for at least 4 hours is recommended after anaphylaxis.

- Give adrenaline autoinjector FIRST, then asthma reliever.
- · If someone with known food or insect allergy suddenly develops severe asthma like symptoms, give adrenaline autoinjector FIRST, then asthma reliever.

IF UNCERTAIN WHETHER IT IS ANAPHYLAXIS OR ASTHMA

Instructions are also on the device label and at: www.allergy.org.au/anaphylaxis



australasian society of clinical immunology and allergy

FIRST AID TREATMENT FOR ANAPHYLAXIS

Anaphylaxis is a severe allergic reaction and potentially life threatening. It should always be treated as a medical emergency, requiring immediate treatment. Most cases of anaphylaxis occur after a person with a severe allergy is exposed to the allergen they are allergic to (usually a food, insect or medication).

MILD TO MODERATE ALLERGIC REACTION

In some cases, anaphylaxis is preceded by signs of a mild to moderate allergic reaction:

- Swelling of face, lips and eyes
- Hives or welts on the skin
- Tingling mouth
- Stomach pain, vomiting (these are signs of a mild to moderate allergic reaction to most allergens, however, in insect allergy these are signs of anaphylaxis).

ACTION

- For insect allergy, flick out the sting if it can be seen (but do not remove ticks)
- Stay with person and call for help
- Give medications if prescribed (whilst non-drowsy antihistamines may be used to treat mild to moderate allergic reactions, if these progress to anaphylaxis then adrenaline is the only suitable medication)
- Locate **adrenaline autoinjector** if available (instructions are included in the ASCIA Action Plan for Anaphylaxis which should be stored with the adrenaline autoinjector)
- Contact parent/guardian or other emergency contact.

ANAPHYLAXIS (SEVERE ALLERGIC REACTION)

Continue to watch for any one of the following signs of anaphylaxis (severe allergic reaction):

- Difficult/noisy breathing
- Swelling of tongue
- Swelling/tightness in throat
- Difficulty talking and/or hoarse voice
- Wheeze or persistent cough
- Persistent dizziness or collapse
- Pale and floppy (in young children)

ACTION

- Lay person flat if breathing is difficult, allow to sit do not allow them to stand or walk
- **Give the adrenaline autoinjector** if available (instructions are included in the ASCIA Action Plan for Anaphylaxis, stored with the adrenaline autoinjector)
- Call Ambulance (Telephone 000 in Australia, 111 in New Zealand)
- Contact parent/guardian or other emergency contact
- Further adrenaline doses may be given (when an additional adrenaline autoinjector is available), if there is no response after 5 minutes.

If in doubt, give the adrenaline autoinjector.

Commence CPR at any time if person is unresponsive and not breathing normally.

If uncertain whether it is asthma or anaphylaxis, give adrenaline autoinjector FIRST, then asthma reliever.

NOTE:

- Adrenaline is life saving and must be used promptly. Withholding or delaying the giving of adrenaline can result in deterioration and death. This is why giving the adrenaline autoinjector is the first instruction on the ASCIA Action Plan for Anaphylaxis. If cardiopulmonary resuscitation (CPR) is given before this step there is a risk that adrenaline is delayed or not given.
- In the ambulance oxygen will usually be administered to the patient by paramedics.
- Medical observation of the patient in hospital for at least 4 hours is recommended after anaphylaxis.
- Adrenaline autoinjectors available in Australia and New Zealand include EpiPen® and EpiPen® Jr.. EpiPen Jr is generally prescribed for children aged 1 to 5 years.

© **ASCIA 2015** For further information on anaphylaxis visit <u>www.allergy.org.au</u> - the web site of ASCIA. ASCIA is the peak professional body of clinical immunology/allergy specialists in Australia and New Zealand.

Annual Risk Management Checklist

| SCI | iooi ivame. | | | |
|-------------------------------|--|---|-------|------|
| Da | te of Review: | | | |
| Who completed this checklist? | | Name: | | |
| | | Position: | | |
| Re | view given to: | Name | | |
| | | Position | | |
| Со | mments: | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| | | | | |
| Ge | neral Informati | ion | | |
| 1. | | rent students have been diagnosed as being at risk of anaphylaxis, prescribed an Adrenaline Autoinjector? | | |
| 2. | How many of t | hese students carry their Adrenaline Autoinjector on their person? | | |
| 3. | Have any stud school? | ents ever had an allergic reaction requiring medical intervention at | ☐ Yes | □ No |
| | a. If Yes, how | v many times? | | |
| 4. | Have any stud | ents ever had an Anaphylactic Reaction at school? | ☐ Yes | □ No |
| | a. If Yes, how | v many students? | | |
| | b. If Yes, how | v many times | | |
| 5. | Has a staff me student? | ember been required to administer an Adrenaline Autoinjector to a | ☐ Yes | □ No |
| | a. If Yes, how | v many times? | | |
| 6. | Was every incident in which a student suffered an anaphylactic reaction reported □ Yes □ No via the Incident Reporting and Information System (IRIS)? | | | |
| SE | CTION 1: Indiv | idual Anaphylaxis Management Plans | | |
| 7. | prescribed an | udent who has been diagnosed as being at risk of anaphylaxis and Adrenaline Autoinjector have an Individual Anaphylaxis Plan and ASCIA Action Plan completed and signed by a prescribed tioner? | ☐ Yes | □ No |
| 8. | Are all Individu (at least annua | ual Anaphylaxis Management Plans reviewed regularly with Parents ally)? | ☐ Yes | □ No |
| | | | | |

| 9. | Do the Individual Anaphylaxis Management Plans set out strategies to minimise the risk of exposure to allergens for the following in-school and out of class settings? | | |
|--------------------------------|---|-------------------|------|
| | a. During classroom activities, including elective classes | ☐ Yes | □ No |
| | b. In canteens or during lunch or snack times | ☐ Yes | □ No |
| | c. Before and after School, in the school yard and during breaks | ☐ Yes | □ No |
| | d. For special events, such as sports days, class parties and extra-curricular activities | ☐ Yes | □ No |
| | e. For excursions and camps | ☐ Yes | □ No |
| | f. Other | ☐ Yes | □ No |
| 10. | . Do all students who carry an Adrenaline Autoinjector on their person have a cop of their ASCIA Action Plan kept at the School (provided by the Parent)? | y | □ No |
| | a. Where are they kept? | | |
| 11. | . Does the ASCIA Action Plan include a recent photo of the student? | ☐ Yes | □ No |
| SE | CTION 2: Storage and Accessibility of Adrenaline Autoinjectors | | |
| 40 | . Where are the student(s) Adrenaline Autoinjectors stored? | <u> </u> | |
| 12. | . Where are the student(s) Adrenatine Autoinjectors stored: | | |
| | . Do all School Staff know where the School's Adrenaline Autoinjectors for General Use are stored? | al 🗆 Yes | □ No |
| 13. | . Do all School Staff know where the School's Adrenaline Autoinjectors for Genera | al Yes | □ No |
| 13. | . Do all School Staff know where the School's Adrenaline Autoinjectors for Genera Use are stored? | | |
| 13. 14. 15. | . Do all School Staff know where the School's Adrenaline Autoinjectors for General Use are stored? . Are the Adrenaline Autoinjectors stored at room temperature (not refrigerated)? | ☐ Yes | □ No |
| 13. 14. 15. 16. | Do all School Staff know where the School's Adrenaline Autoinjectors for General Use are stored? Are the Adrenaline Autoinjectors stored at room temperature (not refrigerated)? Is the storage safe? Is the storage unlocked and accessible to School Staff at all times? | ☐ Yes ☐ Yes ☐ Yes | □ No |
| 13. 14. 15. 16. Co | Do all School Staff know where the School's Adrenaline Autoinjectors for General Use are stored? Are the Adrenaline Autoinjectors stored at room temperature (not refrigerated)? Is the storage safe? Is the storage unlocked and accessible to School Staff at all times? | ☐ Yes | □ No |

| 18. Is a copy of student's Individual Anaphylaxis Management Plan (including the ASCIA Action Plan) kept together with the student's Adrenaline Autoinjector? | ☐ Yes | ☐ No |
|---|----------|------|
| 19. Are the Adrenaline Autoinjectors and Individual Anaphylaxis Management Plans (including the ASCIA Action Plans) clearly labelled with the student's names? | ☐ Yes | □ No |
| 20. Has someone been designated to check the Adrenaline Autoinjector expiry dates on a regular basis? | ☐ Yes | □ No |
| Who? | | |
| 21. Are there Adrenaline Autoinjectors which are currently in the possession of the School and which have expired? | ☐ Yes | □ No |
| 22. Has the School signed up to EpiClub or ANA-alert (optional free reminder services)? | ☐ Yes | □ No |
| 23. Do all School Staff know where the Adrenaline Autoinjectors and the Individual Anaphylaxis Management Plans are stored? | ☐ Yes | ☐ No |
| 24. Has the School purchased Adrenaline Autoinjector(s) for General Use, and have they been placed in the School's first aid kit(s)? | ☐ Yes | □ No |
| 25. Where are these first aid kits located? | | |
| 26. Is the Adrenaline Autoinjector for General Use clearly labelled as the 'General Use Adrenaline Autoinjector? | e' 🗌 Yes | □ No |
| 27. Is there a register for signing Adrenaline Autoinjectors in and out when taken for excursions, camps etc? | ☐ Yes | □ No |
| SECTION 3: Prevention Strategies | | |
| 28. Have you done a risk assessment to identify potential accidental exposure to allergens for all students who have been diagnosed as being at risk of anaphylaxis? | ☐ Yes | □ No |
| 29. Have you implemented any of the prevention strategies in the Anaphylaxis Guidelines? If not record why? | ☐ Yes | □ No |
| 30. Have all School Staff who conduct classes with students with a medical condition that relates to allergy and the potential for anaphylactic reaction successfully completed an Anaphylaxis Management Training Course in the three years prior and participated in a twice yearly briefing? | ☐ Yes | □ No |
| 31. Are there always sufficient School Staff members on yard duty who have successfully completed an Anaphylaxis Management Training Course in the three years prior? | ☐ Yes | □ No |

| SECTION 4: School Management and Emergency Response | | |
|---|-------|------|
| 32. Does the School have procedures for emergency responses to anaphylactic reactions? Are they clearly documented and communicated to all staff? | ☐ Yes | □ No |
| 33. Do School Staff know when their training needs to be renewed? | ☐ Yes | □ No |
| 34. Have you developed Emergency Response Procedures for when an allergic reaction occurs? | ☐ Yes | □ No |
| a. In the class room? | ☐ Yes | □ No |
| b. In the school yard? | ☐ Yes | □ No |
| c. In all School buildings and sites, including gymnasiums and halls? | ☐ Yes | □ No |
| d. At school camps and excursions? | ☐ Yes | □ No |
| e. On special event days (such as sports days) conducted, organised or attended by the School? | ☐ Yes | □ No |
| 35. Does your plan include who will call the Ambulance? | ☐ Yes | □ No |
| 36. Is there a designated person who will be sent to collect the student's Adrenaline Autoinjector and Individual Anaphylaxis Management Plan (including the ASCIA Action Plan)? | ☐ Yes | □ No |
| 37. Have you checked how long it will take to get to the Adrenaline Autoinjector and Individual Anaphylaxis Management Plan (including the ASCIA Action Plan) to a student from various areas of the School including: | ☐ Yes | □ No |
| a. The class room? | ☐ Yes | □ No |
| b. The school yard? | ☐ Yes | □ No |
| c. The sports field? | ☐ Yes | □ No |
| 38. On excursions or other out of school events is there a plan for who is responsible for ensuring the Adrenaline Autoinjector(s) and Individual Anaphylaxis Management Plans (including the ASCIAAction Plan) and the Adrenaline Autoinjector for General Use are correctly stored and available for use? | ☐ Yes | □ No |
| 39. Who will make these arrangements during excursions? | | |
| | | |
| 40. Who will make these arrangements during camps? | | |
| | | |
| 41. Who will make these arrangements during sporting activities? | | |
| 40 la di | | |
| 42. Is there a process for post incident support in place? | ☐ Yes | □ No |
| 43. Have all School Staff who conduct classes that students with a medical condition that relates to allergy and the potential for an anaphylactic reaction and any other staff identified by the Principal, been briefed on: | | |
| a. The School's Anaphylaxis Management Policy? | ☐ Yes | ☐ No |

| b. | The causes, symptoms and treatment of anaphylaxis? | ☐ Yes | ☐ No |
|-------------------------------|---|-------|------|
| C. | The identities of students with a medical condition that relates to allergy and the potential for an anaphylactic reaction, and who are prescribed an Adrenaline Autoinjector, including where their medication is located? | ☐ Yes | □ No |
| d. | How to use an Adrenaline Autoinjector, including hands on practise with a trainer Adrenaline Autoinjector? | ☐ Yes | □ No |
| e. | The School's general first aid and emergency response procedures for all inschool and out-of-school environments? | ☐ Yes | □ No |
| f. | Where the Adrenaline Autoinjector(s) for General Use is kept? | ☐ Yes | □ No |
| g. | Where the Adrenaline Autoinjectors for individual students are located including if they carry it on their person? | ☐ Yes | □ No |
| SECTION 4: Communication Plan | | | |
| | there a Communication Plan in place to provide information about anaphylaxis and the School's policies? | | |
| a. | To School Staff? | ☐ Yes | □ No |
| b. | To students? | ☐ Yes | □ No |
| C. | To Parents? | ☐ Yes | □ No |
| d. | To volunteers? | ☐ Yes | □ No |
| e. | To casual relief staff? | ☐ Yes | □ No |
| 45. Is | there a process for distributing this information to the relevant School Staff? | ☐ Yes | □ No |
| a. | What is it? | | |
| 46. Ho | ow is this information kept up to date? | | |
| | | | |
| | re there strategies in place to increase awareness about severe allergies among udents for all in-school and out-of-school environments? | ☐ Yes | □ No |
| 48. W | hat are they? | | |